

Name: _____

FOOD POWER

Key to Active Living Interest Badge



What is junk food? _____

Eliminate it from your diet for a week. _____

(Parent signature)

Visit a local supermarket. How do they handle food to keep it safe and clean?

Name three fruits or vegetables you've never eaten. Try one of them and circle the one you tried.

1. _____

2. _____

3. _____

Donate healthy food to the food bank. _____

(Parent signature)