Name:		
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WHEELS

Key to Active Living Interest Badge



Why must people wear a helmet and other safety equipment when on a bike, scooter or roller blades?

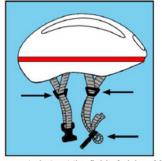
A lot of people wear their helmets the wrong way! Here is the proper way to wear a helmet.





Wear the helmet flat on the head, not tilted back at an angle!





Make sure the helmet fits snugly and does not obstruct the field of vision. Make sure the chin strap fits securely and that the buckle stays fastened.

Show that you wear your helmet the proper way. _

(Parent signature)

Make sure your wheels and brakes are in good working condition on your bike, scooter or roller blades.

(Parent signature)

Name:	
Explain how to maintain and store your bike, scooter or roller blades.	

Learn the road signs. Circle the right answers below.

	Deer dancingDeer jumpingDeer crossing		No turning backNo U-turnsNo way out
0	 Information Ice cream stand ahead Interstate	E	Bend in the roadDrunk driver aheadSlippery when wet
	Ice cream sandwichNo entryAlien landing zone	STOP	StopSlow downStop honking
B	 Do not drop of passengers Restricted to persons with a 'P' in their name No Parking 		Use your cell phoneCall homeTelephone
RRR	 Time for resting and relaxing Rock and roll Railroad crossing 	**	Mother walking childrenSchool CrossingParental guidance

In a safe area, such as a playground, show how you can start, stop and move smoothly. Show your hand signals and shoulder checking.

